



Our Mission Statement

The Association of NW Steelheaders Anglers dedicated to enhancing and protecting fisheries and their habitats for today and the future.

Meetings

Dec 7th

Sandy River Chapter of the NW Steelheaders

Time: 7:00 to 9:00 p.m.

Where: Sam Cox Building at Glenn Otto Community Park, 1102 E. Columbia River Highway, Troutdale, OR

Guest Speaker: Jeff Stoeger

Dec 14th

Sandy River Chapter of the Northwest Steelheaders board meeting

Time: 6:00 to 8:30 p.m.

Where: Izzys Pizza - 1307 NE 102nd Avenue, Portland OR

Events / Workshops

March 4

Winter Steelhead Tournament

March 17-19th

Family Fish Camp

April 1st

Salmon Quest

Our recent ODFW Steelhead Workshop



On November 5th the Sandy River Chapter conducted another of our very successful educational fishing workshops in conjunction with ODFW.

Our class was full at 30 preregistered students, five walk-ins and 25 volunteers. We used a slightly different format for this event than last time, emphasizing more personal contact of groups of 6 students with a "Mentor" who would help them learn knots and other rigging details. The idea is for those students to look up that mentor on the fish along as well, and use them as an information resource for their initial period

of fishing. Experienced anglers know a lot more than they realize! To the person starting out it's a mountain of rods, reels, lures and locations to learn. The advice and knowledge distilled over years of fishing, of an "old hand" provides a lot of clarity.

One of the students asked me about chasing steelhead in rivers all over the state, based upon the hot fishing months shown in the ODFW catch statistics. I was able to give him an answer gleaned long ago from a clinic I attended with the maestro, Bill Luch, "pick a river." Pick one close to you that you can go to often. Learn a couple areas on that river, high water and low. Fish there as much as you can for a couple years before driving all over the place looking for the last "hot bite". Really I can't beat that...

As always we'll hold a review of this Workshop to discuss what went well and what needs improvement. I feel the event was very successful, but like that demanding coach, I'm never completely satisfied. I was pretty happy with the team who put it on though -

Thank you to all the volunteers to help make this a great event.

Beverly Betzer, Jim Cathcart, Ralph Young, Steve Childress, John Hydorn, Art & Kathryn Isrealson, Rick Pare, Anthony Pedro, Lonny Peet, Hank Hyde, Steve Rothenbucher, Stephen Thomson, Laurie Beadell, Don Voeks, John Wheeler, Robert Wisher, Jeff Boughton, Terri Boughton, Tim Heath, Bob Pierson, Tom Gerber and Jim Stengle.

A special thank you to Mid-Valley Chapter George Larson (President), Ron Pockrus (VP) and John Snelling for volunteering their time. We look forward working with you again.

As promised, all those who volunteered for this Workshop names were put in a drawing for a fishing trip with me on a river somewhere.

We'll be holding another ODFW Workshop in the near future. We'll announce the date for that very soon. Volunteer for that one by emailing me at –
palmerlarryd@yahoo.com

Maybe you can win the fishing trip by volunteering for the next Workshop. Who knows ?

Thanks
Larry Palmer



SALMON CHOWDER

Ingredients

1 16oz salmon fillet cut into 1 inch cubes (you can use already cooked leftovers OR uncooked)
3 Tablespoons butter
1 medium yellow onion, chopped
1/2 cup chopped celery
3 cloves fresh garlic, minced
1/2 cup diced carrots
2 cups diced potatoes
2 cups chicken broth
1 teaspoon sea salt
1 teaspoon ground black pepper
1 teaspoon dried dill weed
1/2 teaspoon red pepper flakes
1.5 cups whole milk
1 cup frozen corn
1.5 cup cheddar cheese, shredded
2 cups kale, torn into pieces and rinsed with cold water

Directions

1. Melt butter in a large pot over medium heat. Add the onion, celery, and garlic and saute until onions are tender. Stir in potatoes, carrots, chicken broth, salt, pepper, dill and red pepper flakes. Bring to a boil, reduce heat to low and simmer (covered) for 25 minutes.

2. Stir in salmon, milk, corn, cheese, and kale. Cook until heated through.

* Makes 4-6 servings



Recipe courtesy of The Alaska Life

November 19th Fish Along



On November 19th the principal instructors (the “Mentors”) of our Nov. 5th

ODFW Steelhead Workshop met about 20 students from the Workshop at Glenn Otto Park to go fishing for half a day and practice their newly-learned skills.

It was very windy at Glenn Otto Park so after getting organized with their respective mentors most elected to go up to Oxbow Park and escape the wind, although one group stayed for awhile and toughed it out at Glenn Otto Park.

Upon arriving at Oxbow Park good fortune smiled upon us and the blustery winds were absent, as well as the predicted rain. It felt at least 20 degrees warmer, and was a beautiful day to be on the river.

Larry’s group headed to the Floodplain area (other groups went further upstream in Oxbow Park). I had everyone set up with a float and Marabou jig and practice getting the



drift and depth set just right, and to observe the floats drift and mend the line accordingly.

After that we changed rigs to float with a

rubber worm or soft bead, and finally that old favorite – drift fishing with a small piece of pencil lead and a Corky. It was a pleasant days practice, learning hands on.

We saw deer, a bald eagle, a great blue heron, kingfishers and a red tailed hawk as an additional benefit of the day. There were a number of spawned out Coho on the bank and in the river as well, so in a few years we’ll see their young.

Steve took his group a bit farther into Oxbow and ended up at Alder. Besides teaching how to cast and mending the line, Steve demonstrated how to use a side planer. But when he went to trip it for his first retrieval the rod shattered! It shattered about half way up the rod and the graphite (or what was left of it) shredded into long 12 inch strands. Fortunately Steve came prepared as he had two other rods and side planers that were already set up and ready to go.

Rick Pare caught an unidentified fish, probably a Northern Pike Minnow. Andre Tilley and Erin Maunu caught their fill of “rock” fish and “stick” fish to the delight of all. All participants were filled with enthusiasm and the comradery between mentors, volunteers and participants was tremendous.

Larry Palmer

Oregon Department of Fish and Wildlife Update (11.15.16)

Now is peak fall Chinook time in coastal streams

Fall Chinook fishing is at its peak on Oregon's North Coast. Try fishing the Kilchis, Nestucca, Trask, and Wilson rivers, or Tillamook Bay. These are some of Oregon's premier inland big game fisheries. Watch the weather, river conditions, and check this report often for the best opportunities.

Start a new Thanksgiving tradition: Free fishing Nov. 25-26

Take family and friends fishing for free on Friday and Saturday, Nov. 25 and 26. It's a free fishing weekend in Oregon and no licenses, tags or endorsements will be

required to fish, crab or clam anywhere in the state. It's the peak of the fall Chinook run on the coast, several lakes and ponds have been stocked with trout throughout the fall and fishing is great, and the first winter steelhead of the season are starting to appear. Check out this week's Rec Report for opportunities near you.

Best trout fishing of the year

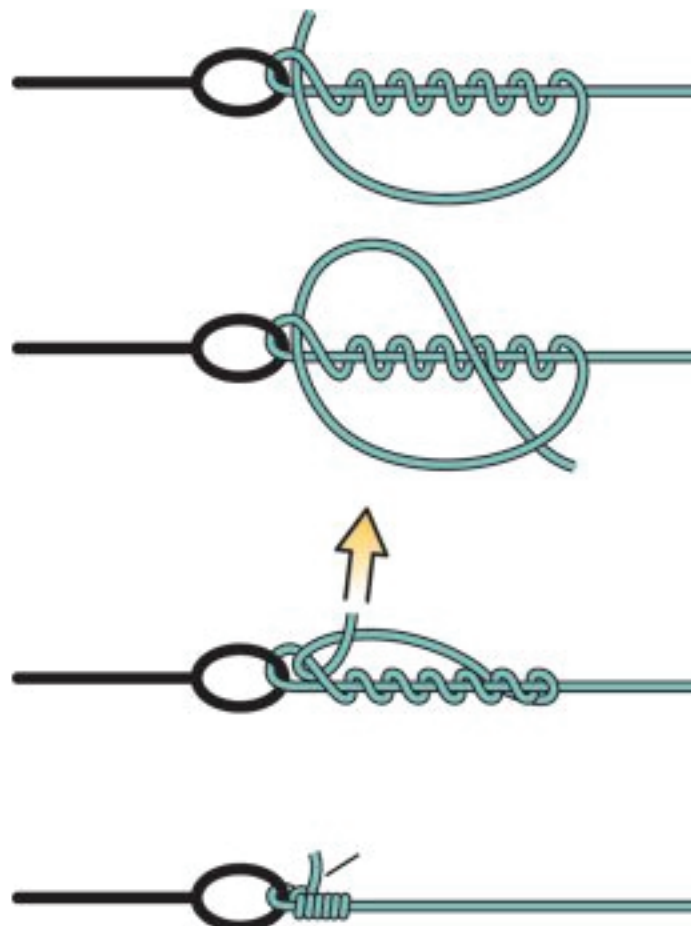
With cooler temperatures, renewed stocking and hungry fish preparing for winter, fall can offer some of the best trout fishing of the year. Check out the zone reports to see where our biologists have been finding the fish, and what waterbodies are now open year-round.

Always check the ODFW website for current regulations at: <http://www.dfw.state.or.us>

IMPROVED CLINCH KNOT

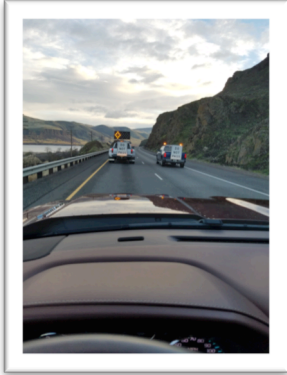
(for tying line to a hook)

1. Thread the line through the eye of the hook, then make 5 to 7 wraps around the line with the loose end.
2. Thread the loose end of the line through the loop closest to the eye, then back around inside the loose section of line.
3. Pull both ends of the line until tight.
4. Trim the loose end of the line if necessary.



John Day Steelhead Fishing

For years I have heard that there is great fishing for steelhead at John Day in November. So when Steve Childress and I were recently discussing this subject, he said, "Let's go". Steve has been a fan of the John Day and Deschutes rivers for a long time. Those that went to the John Day camp out last year can attest to this as he was responsible for suggesting what ended up to be a great camping and fishing weekend.



So yesterday, November 16th, my alarm goes off at 4:30 am, which is tough for this old retiree. Got to make coffee or as Steve likes to call it, my foo-foo coffee. I put my rods, fishing gear, and extra clothing in the pickup as the temperature forecast at John Day was near freezing overnight. As we headed down the road our plan was to stop at Biggs Junction for breakfast. The Garmin said we were going to get there by 7:45. The closer we got the more hungry we were getting. And then all of a sudden Steve cautioned me to slow down as I was actually looking for a moment at the river just east of The Dalles Dam. What we saw was a line of trucks going only 10 miles an hour or less. We took the empty lane and moved forward to see what was going on. We found two pickups with a sign mounted on their tail that read, "Don't Pass". What the heck? After traveling several miles at 10 or less miles

per hour, they finally moved over and allowed everyone to pass. A helicopter flying above gave us the theory they were doing work on some power lines near Celilo Falls.

After a great breakfast it was onto John Day. We launched and checked out the waters for fish. We finally began to troll along the western side of the river. It was a great day with very little wind and absolutely no rain. We kept running into shallow grassy areas which Steve expertly maneuvered around until one caught him by surprise as he got his wiggler caught into some grass. He accelerated to guide his boat away from the shore when I found that my wiggler was also stuck into the grass. So I quickly picked up my pole as the reel picked up the pole and began to pull my wiggler out of the grass only to find out that it actually had a head shake. Several minutes later Steve netted my first John Day steelhead. A nice steelhead that later Since I am a fisherman I am going to call 30 inches. Memories of my youth flooded back to when my parents and grandparents used to fish the mouth of the John Day to bring home limits on a regular basis. But that is another story for another day.



Later, as we neared Albert Phillipi Park, we anchored out and tried our luck at bobber fishing and Steve also sent down some bait to the bottom. He was able to bring up a beautiful, good sized channel catfish which spit the hook at the boat. Sorry Anthony...you would have loved to have us bring that one home to you.

All in all, it was a great day to be fishing and reminiscing about our camping trip at Albert Phillipi Park. We enjoyed watching herds of deer and a lot of geese were saving us a place at the park. We are so looking forward to returning soon.



John A. Hydorn

Wishing You Every Happiness
At This Festive Holiday Season
& Throughout The Coming New Year



Do you have questions about your rods, reels or tackle?

Take your fishing equipment and questions to our chapter meetings where experienced Chapter Members will be glad to help you solve your problems. This message brought to you by Sandy Chapter President, Steve Rothenbucher.

Visit our website at: <http://www.sandysteelheaders.org>

Our Board Members

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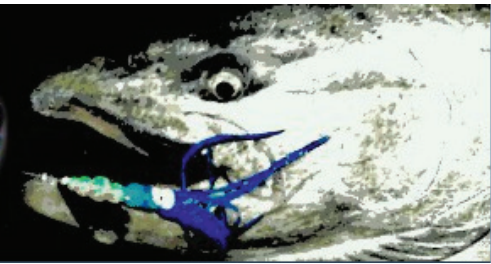
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Association of Northwest Steelheaders

Sandy River Chapter

EVENT REQUEST FORM

Form to be completed by Event Coordinator and submitted with a budget to Chapter President for review.
Application must be submitted 90 calendar days prior to proposed event.

Name of Event: _____

Proposed Date of Event: _____

Location: _____

Time: _____

Primary Contact information: _____

Secondary Contact Information: _____

Description of Event: _____

Additional Details: _____

Coordinator signature: _____

Note: A completed budget **must accompany Event Request Form** before event can be approved.

Maximum event size (# of participants): _____

of Volunteers needed: _____

Materials Required: _____

Total Budget dollars for event: \$_____

Three Board Member signatures required for approval:

Signature: _____ Position: _____

Signature: _____ Position: _____

Signature: _____ Position: _____

After the event and budget forms have been approved, the Event Form is forwarded to the:

Master Calendar Keeper, Newsletter Editor, Web Master

Note: Receipts for event expenditures must be turned in to the treasurer for reimbursement within 30 days of the end of the month per Association Policy.

Our new **EVENT REQUEST FORM**

This form was developed by our Event Process Committee to: streamline the event process, to verify availability of dates and venues, to know ahead of time the costs associated with putting on an event and to access availability of our valuable volunteers.

With this in mind, the Event Request Form is to be completed by the primary Event Coordinator at least 90 calendar days in advance of the proposed event date. This time frame gives the Board of Directors time to review the request and determine if the event is something the Sandy River Chapter wants to promote and support. The form is self-explanatory but there are a few things that need to be pointed out:

- Complete and submit the form 90 days prior to the proposed event
- Form must be filled out completely before the event can be reviewed and approved
- A budget must be turned in at the same time as the Event Request Form
- The event is not a GO until the Event Request Form has been:
 1. Signed by three board members and the
 2. Event Coordinator has received written confirmation from the Sandy River Chapter President that the board has approved the event request
- Receipts for items purchased for the event must be turned in within 30 days of the end of the month for reimbursement. Please note that the Sandy River Chapter follows the Association of NW Steelheaders reimbursement policy.

The Sandy River Chapter holds a lot of events throughout the year that promote: education through our workshops, habitat enhancements through our fish toss and the Sandy River cleanup just to name a few. Volunteers are active all year long and this Event Request Form will enable us to plan our events well in advance to help ensure our continued success in all our endeavors. Thank you in advance for your cooperation and support.

SANDY RIVER CHAPTER VOLUNTEER HOURS

Volunteer Name: _____

		(Include Travel Time To/From Event)		
mm/dd/yy	Name of Event or Activity	Hours		HOURS
		Start Time	End Time	
TOTAL HOURS				

Please e-mail hours *monthly* to Beverly Betzer at: **Bbetzer@wayne-dalton.com**
Or complete this form and turn in at our Chapter meetings

Revised 10/28/16