

November '14

President's Message

I was looking out the window, watching the rain come down thinking how much is it going to rain? Are the rivers going to blow out? Is it bringing the fish my buddies and I want to see so badly? After I realized that I was daydreaming about fishing, I started making plans for the weekend fishing trip.

Plans are made. I am going fishing Saturday. Time to prepare the boat. Is the battery charged, the gas tanks filled (now is the time to add Stavbill to gas – if not being used monthly), also check nav lights, check trailer tires (don't wait until you get a flat to check your tires), check all safety equipment, life vests, throwable life line, horn and/or whistle.

When all is ready it is time to go fishing. Hopefully next month you will see a picture of a nice fish I caught.

Bottom line is - be safe, check your gear - winter is coming!

Scott Bowling



Don't forget to set your clocks back!

November 2nd daylight savings time ends!





I'd like to thank our many volunteers who have promised their efforts at the November 8th clinic and the 1/2day fish along on November 15th. Your efforts are adding members to our chapter, which had been losing numbers the past three years, and are helping to revitalize the chapter generally. Most people join to learn about fishing, make fishing friends, and get some help starting out...just what we are doing at all these clinics!

For the November 8th and 15 efforts I have on my list of volunteers at this time-

Brad Halvorsen, Buzz Wilcox, Rod Weigd, Richard Ribar, Robert Wisher, Stevie Parsons, Steve Rothenbucher, Lee Van SpeyBrock, John Pearson, Jim Cathcart, Tim Heath, Scott Bowling, Robert Crayton, John Hydorn, Doug Briggs, Ralph Young

Anyone else want to get on this list? Please contact me at

palmerlarryd@yahoo.com

503-286-2093 Thanks Larry Palmer

Don't use NEW GAS COMING TO STATIONS

While this gas is currently sold in only a few states, it's important to know the harm it can do IF you are traveling through states & are faced with the option to buy it. This short video could save your car from damage and void your warranty! Please watch & pass along.

www.youtube.com/embed/ceW9Nc1hVHU?feature=player detailpage

the association of northwest steel headers 27th Annual Hall of Fame Auction and Banquet



So Years Working

VOLUNTEER!!! What does one look like?

Example one



Example two



What does Volunteering do for You?

1. More often than not it makes You very tired.

2. More often than not it gives you a wonderful sense of accomplishment.

3. Those hours You spend unselfeshly are worth \$21.36 per hour to the O.D.F.W, which includes Your travel time to and from home, . It is through **Your** efforts that O.D.F.W. can continue their efforts in keeping our streams stocked and habitats sustained.

This is why it is so important to report your hours. By the way there are many oppotunities to gather hours to report.

Would you likr to report your hours or are you looking for an opportunity to get involved?

Just dial 503-780-8212 Robert will answer

Chapter members

Just a reminder here about our upcoming Steelhead Clinic, Saturday Nov. 8th.

It will be at our regular meeting place in the Sam Cox building, Glenn Otto Park.

Setup for this event starts at 8 AM, so be there at that time please. The event will go unto 3 PM. We'll serve a free lunch for all.

Please check in with me in advance so I can have a better nose count volunteer and lunch wise.

The following Saturday 11/15/2014 there will be a $\frac{1}{2}$ day fish along. Meet at Glenn Otto Park at 8 AM, and help the new folks get started.

Thanks

Larry Palmer palmerlarryd@yahoo.com 503-286-2093





NOVEMBER

- 2 Daylight Savings time ends
- 5 Membership Meeting Guest Speaker Dave Calhoun NW Composite Rods
- 8 Clinic Larrry Palmer/ODFW Winter Steelhead
- 11 Veteran's Day
- **12 Board Meeting**
- 15 Clinic Fish-A-Long
- 16 Hall of Fame Auction and Banquet27 Thanksgiving

DECEMBER

3 Membership Meeting Town Hall: Bruce Polley - President CCA Bob Rees - Exec, director ANWS Trey Carskardon - Director of Legal Affairs for ANWS Topics: Gill Nets, legal Issues ANWS Events and open Q & A 10 Board Meeting 25 Christmas Day

2015

FEBRUARY

7 Fishing Clinic

MAY

9 Fishing Clinic Contact Larry Palmer 503-286-2093



Chapter Board Members

President Doug Briggs (503) 729-2023 dougb@leewens.com

Senior Vice President Scott Bowling (503) 253-6606 fishwackers@gmail.com

Vice President Steve Rothenbucher (503) 257-0039 srothenbucher@clear.net

Secretary Colonel Thomas (503) 666-5035 cl357thomas@gmail.com

Treasurer John Hydorn (503) 255-0600 johnhydorn@gmail.com

Membership Meetings

When: First Wednesday of the month 7:00 P.M. Sharp

No meetings in July and August

Where Sam Cox Building, Glenn Otto Park 1102 E Columbia River Highway Troutdale, OR



Committee Heads

Special Events Jeff Stoeger (503) 704-7920 mjstoeger@msn.com

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Sales Brad Halverson (503) 201-6052 orcabrad@comcast.net

Special Projects Larry Palmer (503) 286-2093 palmerlarryd@yahoo.com



Mark Anderson



Sandy River Chapter Fishing Clinics

The steelhead clinic our chapter did at Camp Angelo on April 5th was very well received by the students and our partners in this effort, ODFW. Both were quite impressed with the excellent instruction offered by our presenters and the helpfulness of our members. The lunch was popular too. I certainly agree!

ODFW contacted Doug Briggs and myself, expressing an interest in doing more clinics. We made an agreement with them to do the following clinics-

- Saturday Nov. 8th 9 AM 5:30 PM Winter Steelhead
- Saturday Feb. 7th 9 AM 5:30 PM Spring Chinook
- Saturday May 9th- 9 AM 5:30 PM Summer Steelhead

All clinics will be held at our regular meeting place, the Sam Cox Building in Glenn Otto Park.

These clinics will be a bit longer than the April clinic allowing more "hands on" time to learn the knots and rigging methods. A great new feature is that as part of the fee paid to register for the class, the students will receive a one year membership to the NW Steelheaders!

These clinics represent a significant new way of recruiting members, and providing angling instruction to interested people. Let me encourage all members to volunteer to help out in putting on the clinics. As a volunteer you get to be at the class for no charge, and you will be helping someone new learn more about fishing. Hey, I learned a new trick or two myself!

Please contact me atpalmerlarryd@yahoo.com 503-286-2093 Thanks Larry Palmer





OK, you're in the Events Tab of our website and you do not see any details. That is because you are looking at the list of event titles. Do you need to see more? Then just hover your cursor over the event title and then click on it and Open Seasame....the detail appears!!

Home and Safe.



Thank you to all the veterans who make that possible.







Sandy River Chapter Fishing Clinics

11/8/2014

2/7/2015

5/9/2015

Contact Larry Palmer 503-286-2093 palmerlarryd@yahoo.com



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WADERS THAT STAND UP TO ROCKS, ROOT SNAGS, AND THE SHARPEST BUDGET.







NOVEMBER

WEEK1 WEDNESDAY 5 NOV. MEMBERSHIP MTG GLENN OTTO 7:00PM GUEST SPKR:DAVE CALHOUN NW COMPOSITE RODS (APPLE/CRAISIN TURNOVERS)

SAT, NOV. 8TH WINTER STEELHEAD CLINIC

WEEK2 WEDNESDAY 12 NOV.BOARD MTG @ 6:30PM ROUND TABLE PIZZA ALL WELCOME

WEEK 3 WEDNESDAY 19 NEWSLETTER DEADLINE

SATURDAY 15 NOV. HALL OF FAME AUCTION & BANQUET

WEEK 4 THURSDAY 27 NOV. HAPPY THANKSGIVING

RAFFLE TICKETS

WEEK 5

THINK STEELHEAD

RAFFLE TICKETS ARE

YOU IN???





Jack Glass 503 260 2315 Brandon Glass 503 260 8285 www.hookupguideservice.com

Fishing Schedule



DE

Two **BIG** events on the horizon and we need volunteers to work the booth and sign up new members. Mark these dates on your calendar so you can be there to meet the public and introduce them to the Northwest Steelheaders.

JOIN THE NORTHW		e, \$20 NEW MEMBERS ONLY	
Namo	Regular, \$30	Senior (65 and over), \$15	
	Family, \$40	Youth (18 and under), \$15	
Acdress	Business, \$100	Handicapped, \$15	
City State Zip	Budgeted Life—five	annual \$100 installments; total of \$500	
Home Phone Work Phone	Contribution of \$	Total charged/enclosed \$	
E-Mail Address	VISA MasterCard	Expiration Date:	
Chapter of Choice OR Member At Large	Card No		
Association of Northwest Steelheaders	Signature		
6641 SE Lake Road, Milwaukie, Oregon 97222-2161 (503) 653-4176 • www.nwsteelheaders.org	A portion of your membership may be tax deductible. Check with your tax advisor.		

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or Call Brad Halverson (503) 201-6052

www.stancellgraphics.com/sandyriverchapter

YOU are what makes an event successful Thank You	Please do not forgot to turn in your volunteer hours. It is important that these hours are recorded. You can turn in the volunteer hours form at the monthly meeting to Robert Wisher or by e-mail: rjwisherstix@gmail.com					
	Sandy River Chapter Volunteer H		ame:	1		
Grazie	Event:		Date:	Hours:		
Gracias	Event:		Date:	Hours:		
Merci Danke	Event:		Date:	Hours:		
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The Careful Release of Wild Fish By Brad Halverson Co-Resource Director, Association of NW Steelheaders

As members of NW Steelheaders, a consensus exists among us: that salmon and steelhead deserve our highest respect. And, it is encouraging to observe that respect when we hook a wild salmonid during our fishing adventure. Occasionally, though our intentions are of the highest order, our execution is misguided, resulting in a higher handling mortality than any of us wish.

Recently, we have seen a resurgence of wild runs: credited to improved ocean conditions, improving hatchery practices, responsible spill and flow from hydro projects, improved habitat, and not least of all sustainable harvest techniques by the sports angling community. It will be even better when the commercial anglers begin their sustainable harvest practices at the end of 2017...but that's a topic for a different discussion. If we are fishing on fisheries where wild fish are an inconsequential part of the run, trebles and barbs are certainly acceptable, as we should

plan to harvest each hatchery fish we hook. This practice will help minimize spawning impacts between hatchery and wild partners on the gravel.

But, for those fisheries where wild fish predominate, or at least exist on a co-equal basis with their wild cousins, such as Nehalem Bay right now with a preponderance of wild coho. we should adjust our thoughts and techniques to afford us the maximum opportunity to return those wild fish to the wild. By replacing our trebles with single siwash hooks, and pinching our barbs, we have a far less likelihood of mortally damaging the fish in our hands. The mortality rate studied for barbless single hooks is 1%-3%. Most would consider this number acceptable. Personal observation for those instances where trebles and barbs are employed, while not studied empirically, certainly demonstrates a much more significant mortality rate. On one recent personal trip, it was 100%.

This is a delicate topic, and should by no means be construed as advocacy for barbless hooks at all times in all watersheds. Any further intrusions by government agencies should be constrained. And, even though it seems logical that employing barbless hooks should lead to reduced mortality, we as sports anglers receive no improved benefit for our allocation of Springers in the Columbia over those enforced when we were free to use barbed hooks. But, fishing under this restriction has taught us possibly better landing techniques (pressure on the fish at all times) and better terminal gear (i.e. hooks, leader lengths, etc.), so that the practice impacts our catch rate minimally if at all.

Following is a list of catch and release practices designed to reduce mortality to wild fish:

1. Use non abrasive nets (rubber) to reduce loss of slime and scales.

2. Wet hands before touching fish. Do not touch a fish with a dry hand, as this causes fungus spots to develop on the fish, and these may eventually prove lethal. Better, is a wetted cotton glove to control the fish.

3. Leave the fish in the water to remove the hook, gently grabbing its wrist (tail section) and flipping it over so that its gills are out of the water. It is immobile at this point and the hook is exposed for easy removal using needle nosed pliers or forceps. If the hook is too deep to remove with pliers, cut the leader as close as possible to the hook shank.

4. If a photo is desired, make sure to have the camera ready ahead of time. The person netting the fish may have one of the cotton gloves on his/ her predominate hand (right hand for right handed people), and the person fighting the fish should place the other glove on his/her opposite hand (left hand in this case) while his partner is removing the hook. The netter holds the wrist in his right hand and supports the fish gently underneath the torso while passing it off to the catcher who takes it with his left hand on the wrist, and support underneath. The netter quickly grabs the camera/leans back to frame the photo, snaps it, and the catcher gently returns it to the water. A rule of thumb is to have the fish's gills out of the water only as long as you can



hold your breath. When fishing for steelhead during those times of the year when wild fish are comingled almost equally with hatchery fish (which is almost the entire season where brood stock are employed as hatchery parents), we leave the net at home, and accomplish this task with our hands only, taking less than 1 minute for the whole process where a photo is desired with a wild fish. But, we are also using barbless hooks during this season.

5. These fish have delicate gills and internal organs, so squeezing the fish is discouraged, as is any hand contact in or near the gills. They may survive slight bleeding from the gills, but most likely will not live with major gill impairment.

6. Revive the fish completely before releasing it. Larger fish require longer revival time than smaller fish, because by nature they fight to nearer total exhaustion than smaller fish do. Some small fish require no revival as they came to the net so quickly.

7. Hold it upright in a gentle flow of water (rather than fast current) while waiting for its gill action to reengage, pumping water and hence much needed oxygen through its gills. If its gill action is weak or nonexistent, continue gliding it gently back and forth in the water so water will flow through its gills. It will eventually swim away on its own. So, if you hook a wild fish pulling plugs through the middle of the channel, pull your boat off to the side in the gentler water to release your fish.

As true sports men and women, and certainly as esteemed members of NW Steelheaders, we have the opportunity to role model appropriate angling protocol each time we are on the water. Most of us welcome this opportunity and strive to demonstrate our skill responsibly. Tight lines.



Bob Kean Don Klindt Don Vernam James Ragsdale Kelly Ragsdale Aleksi Merilainen **Paul Leonard** Jerry Stalcup Mark Tabor **Cameron** Tabor Walter Smith Jason Yen Pat Greene Gabriel Breazeal **Chandler Bennett** Judy Crockett **Charles Dunawav Doug Jacobs** Buzz Wilcox Jens Reindl Tim Heath Jordan Fivecoats **Richard Hedlind Don Hedlind** Samuel Morse Kenneth A. Bruley Scott Zadow Mark Borauist Arnold Sohlstrom Steven Stewart

Happy Thanksgiving



Fisheries Management Changes in Oregon: Challenges and Opportunities Ahead

December 3, 7:00-9:00 p.m.

Sam Cox Building in Glen Otto Park, Troutdale, Oregon

Hosted by the Sandy River Chapter, Association of Northwest Steelheaders





Sandy River Chapter

rehwest Steelheaders

Trey Carskadon Government Affairs Director, Northwest Steelheaders

SPEAKERS



Bruce Polley Chairman, Government Relations Committee, CCA

Bob Rees Executive Director, Northwest Steelheaders

Each speaker will present their information in a town hall format, with questions encouraged from the audience at the conclusion of each respective speaker's comments.

This town hall will inform and update the sports angling community about:

- Harvest reform practices on the Columbia River
- >>>> ODFW budget process, 2015 fees, and program expansions or reductions
- **>>>>** Spill and flow practices within Columbia/Snake Rivers hydro systems
- **Sandy and McKenzie River lawsuit updates, and the future of hatcheries in Oregon.**

Much confusion abounds within the sports angling community. Learn the facts from those who have a seat in all key meetings in Salem and who advocate tirelessly on behalf of the Oregon sports angling community.

No charge. Limited to first 360 persons. Directed parking in Glenn Otto Park and across the street in RV lot. Soft drinks and water provided at no charge.

For additional information, contact Brad Halverson, orcabrad@comcast.net or 503-201-6052

Sandy River Chapter Association of NW Steelheaders





In conjunction with



Want to catch fish like this? Learn how at our "How To" Steelhead clinic!

9 AM-4 PM, Saturday November 8th at the Sam Cox Bldg., Glenn Otto Park, Troutdale , 1102 East Columbia River Highway



Subjects covered

- Choosing the right rod and reel
- Drift fishing
- Knots and hooks
- Bobber fishing
- Plunking
- Rigging baits and how to cure baits
- Where to go
- On stream fish along the following week!

Register for this clinic online at the ODFW website

http://www.odfwcalendar.com/?tribe_events=adult-steelhead-fishing-workshop-2

Adult Steelhead Fishing Workshop November 8 @ 9:00 am - 4:00 pm Cost \$52.00





FOR SALE:

13 ¹/₂ foot home-built wood drift boat & trailer

This boat was generously donated to the chapter by Ed Lutes. It is in excellent condition. Ed would like to see it put to use by one of the members at a more than reasonable price - \$500.

The proceeds will benefit YOUR chapter.

Contact: Scott Bowling 503-253-6606

Don't Miss This Meeting!

December 3 Membership Meeting Town Hall: Bruce Polley - President CCA Bob Rees - Exec, director ANWS Trey Carskardon - Director of Legal Affairs for ANWS Trey Carskardon - Director of Legal Affairs for ANWS Gill Nets, legal Issues ANWS Events and open Q & A



Chinook salmon in the Columbia River, such as these seen at Cascade Locks, are still considered safe to eat. But Oregon health authorities have warned against eating resident fish caught in a 150-mile long stretch of the Columbia above Bonneville Dam. (The Oregonian/2012)

Click Here

STUDY SHOWS ALARMING LEVELS OF TOXICS IN COLUM-BIA RIVER FISH

Data on Fish Consumed by Ethnic Communities Sheds Light on Environmental Justice Issue

Sept. 29, 2014 (Portland, OR) – Columbia Riverkeeper announces its Phase 2 results from the "Is Your Fish Toxic?" Study measuring toxic pollution in five different fish intended for the dinner table. Findings from these Columbia River fish show alarming levels of heavy metals, toxic flame retardants, cancer-causing PCBs, and endocrine disrupting chemicals.fish, cropped

"Fish advisories are not enough. We need immediate reduction and prevention of toxic pollution entering our river to protect the health of our communities," said Lorri Epstein, Water Quality Director with Columbia Riverkeeper.

Through interviews with participants, Riverkeeper found that ethnic,

immigrant, and low income populations are eating fish with unsafe levels of toxic pollution. Contributing factors for increased risk include higher fish consumption rates, and fish-preparation styles. For example, the Cambodian American fisherman who provided shad for the study. fishes for his parents who cook the whole fish in soups and stews. Not removing internal organs, skin, head and tail increase exposure to toxic contaminants. Another fisherman from Kyrgyzstan eats carp twice a week, while the EPA would recommend limiting consumption to less than one fish meal per month based on the PCB levels found in his fish.

"The fact that some Columbia River fish are unsafe to feed your family presents a real environmental justice issue," said Epstein. "Posting warning signs is not the answer. Many people are unaware of the warnings or will continue to eat fish due to cultural and economic reasons. The top priority must be cleaning up our rivers. Our data show extremely high levels of toxic contaminants in these fish, and we need to consider the individual stories and families interwoven with the results of this scientific data."

Riverkeeper's testing revealed that sampled Columbia River fish contain unsafe levels of heavy metals like mercury and arsenic, PCBs (polychlorinated biphenyls), and toxic flame retardants known as PBDEs (polybrominated diphenyl ethers). These contaminants are known endocrine disruptors that can increase cancer risk and wreak havoc on hormone, reproductive and development systems in both human and animals.

Key findings:

•Walleye from the Multnomah Channel contained PCBs 175 times the EPA limit for unrestricted consumption.

Shad caught near Bonneville dam contained endocrine disrupting flame retardants and heavy metals.
Carp near Vancouver, Washington, contained PCBs 30 times the EPA limit for unrestricted consumption, mercury 3.5 times the EPA limit, as well as flame retardants and other heavy metals.

•Steelhead and shad, which spend part of their lives in the ocean, did not contain detectable PCBs but did have high levels of mercury as well as flame retardants.

Riverkeeper's data is consistent with previous scientific findings. The U.S. Geological Survey found comparable high levels of toxic contaminants in the Columbia River in everything from sediments, to resident fish to osprey eggs. The EPA released a report concluding that the Columbia River exceeds the safe level for PCBs, DDT, mercury, and flame retardants.

To read more information about this study visit bit.ly/isyourfishtoxic.

About Columbia Riverkeeper Columbia Riverkeeper's mission is to protect and restore the water quality of the Columbia River and all life connected to it, from the headwaters to the Pacific Ocean. Representing a diverse coalition of members and interests, Columbia Riverkeeper works to restore a Columbia River where people can safely eat the fish they catch, and where children can swim without fear of toxic exposure. The organization is a member of Waterkeeper Alliance, the world's fastest growing environmental movement, uniting more than 200 Waterkeeper organizations worldwide and focusing citizen action on issues that affect our waterways, from pollution to climate change.For more information go to columbiariverkeeper.org.



Want to catch some fish...

Our meetup fishing group just hit 600 and is going strong.

Congrats to Ben Carter for being our 600th member. Come to the TV Chapter meeting in November and we will have a gift for you. Steelhead packet with some custom spinners.

So. Let's talk about fishing. Lot of guys catching fish these days. Thanks to a killer salmon run this year. I know a lot of new members express interest in catching fish but have a few obstacles. First is where to fish. Second is when to go. Third is what to use. Little plug here, the Association of NW Steelheader meetings are great for learning these things. Try to get out and catch a meeting.

Most of the fishing I do is from the bank. Lot of members of this fishing group have boats and as you get to know them and build relationships you will find they often have room to take guys out. But I always enjoy fishing from the bank and thought I would share a few tips.

Rivers:

Right now its a pretty good time and you really can't go wrong. Here are a few rivers getting some good reports.

Deschutes - still getting a good steelhead push in. They get a B run (big fat second push) steelhead run and a lot of the crowds head to the coast and allow for good fishing without so many people. Fishes pretty good even into early Nov. Sandy - Got a lot of fish up and down the whole system. The closer to the hatchery you go, the more fish you will find. Also the more people. Lot of fish even go up past the hatchery. So you can find areas to fish where the crowds are not as much. Coho and Steelhead being taken.

Coast - Sounds like the Trask, Nestucca and other rivers on the coast are doing pretty good. The hatcheries are full of fish which is a good sign.

I was on the Clack last weekend and saw a summer steelhead on the bank. They were getting a lot of coho but I have not heard any reports lately. Probably a lot up river.

Methods:

Here are a couple methods to use.

1. Spinners. I like spinners. You might start with a few other methods first, but if you get a good spot, they like blue, yellow or orange and red, and well.... try green also. Silver blade or a copper will work good. Silver and Blue is probably a good go to. Maybe something like this (of course its custom made). This works for coho especially but also steelhead. I also like these inline blades. This is another custom spinner that worked on the NF Nehalem river a few years ago. Custom made with a red bead at the bottom.

Another method is drift fishing a corkie and yarn. This is a great go to method for steelhead and has been working for coho also.







Jigs can work great.

Find one that you like and master it.

For coho you dont need a super big or heavy stiff rod. I have a light steelhead rod, but this time of year I love my Berkley IM8 which cost about \$59 bucks or so. Medium strength. About a 9 or 9.6 foot works well. Lot of other areat rods out there for more. But its strong enough to land a salmon and fight a good size steelhead also. 12 Lb braided mainline will work great for coho or steelhead. If you head to the coast and go for some Chinook salmon you should go heavier. If your in a boat and trolling etc, that is when you go 30 or 40 LB or more. Other guys know way more than I do and can help there.

Lot said.

Wanted to just share that its a great time to get out, hit the river and see what happens. Look at Mapquest or some other map on the clack or Sandy and look at the parks that are on the river, pick one and go check it out. That is how you learn how to fish a river.

Best of luck and happy fishing.

Oh...almost forgot. When to go. Now. Keep a log of all your trips and as the years go by you will have a great record of your prior trips. What you saw and used and caught.

Cheers

Jeff Hernandez







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