

Welcome New Members!

Rip Caswell of Troutdale

Stewart Carson of Sandy



October's guest speaker...

Will be none other than our very own Norm Ritchie.

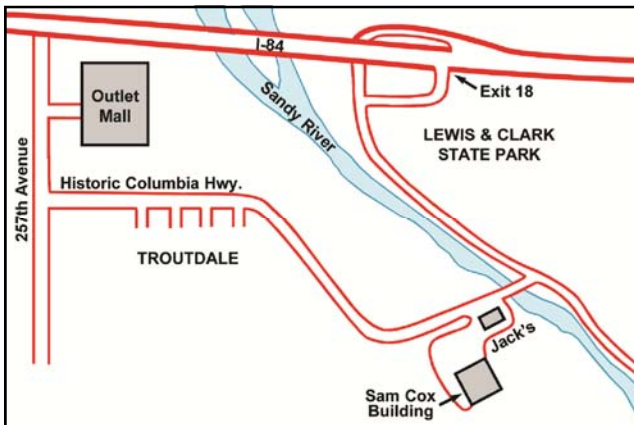
Norm is best known for his constant involvement with our fisheries, but Norm is also a very accomplished fisherman as well.

Norm's presentation will focus on fall chinook and silver fishing techniques for the Tillamook Bay area. Norm's been fishing this area for many years and has perfected proven techniques that produce for him on a consistent basis.

With the Sandy Chapter Fall Fish-along just around the corner, don't miss out on this opportunity to refine your fall fishing techniques that could possibly put you over the top this season.

The Fish-Along will be a great event for participants to get together for some quality story swapping, great food, tournament competition and of course the possibility of landing "moby".

It appears that the weather conditions will cooperate so enjoy the weekend and of course if you happen to have a camera handy, snap some photos and send them in for the newsletter !



Meetings are held on the first Wednesday of every month, at 7:00 PM in the Sam Cox building at Glenn Otto Park. 1102 E Columbia River Highway in Troutdale, Oregon.

All guests are welcome!

President's Message

Fellow Sandy River Chapter Members,

On Sept. 6th, John Hydorn, President of the Sandy River Chapter, had a stroke and subsequently resigned as President.

On Sept 17th, he had a near blockage removed from his Carotid Artery, John said the 'Roto-Rooter' process went well.

He is resting at home, will undergo a series of tests and plans to be back fishing soon. John was fortunate to receive immediate medical attention and therefore has no debilitating side effects.

At John's request and per the bylaws, I assumed the Presidency of the Sandy River Chapter on Sept. 6th. After consultation with Association Executives, on Sept. 17th, I appointed Jeff Stoeger, a previous Sandy River Chapter President, as Vice President and obtained Sandy River Chapter Board of Directors Approval by unanimous vote on Sept. 19th.

Wish John a speedy recovery at JohnHydorn@gmail.com
or give him a call at 503 255-0600.

Tight Lines,

Doug Briggs



Doug Briggs, President

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Board Meeting Minutes - September 19, 2012

Present: Larry P, Joli R, Doug B, Eric K, Howard B, Leslie H, Colonel T, Jeff K, Art I, Kathryn I, Scott B, Nona B, Mike M, Victor L

Began 6:31 P.M.

I. Old Business

1. John H is recovering from his surgery and doing well. John is planning to continue his board/chapter participation though to a lesser degree.
2. Colonel reported there are still 15+/- salmon spinners remaining from the Dave Kaffke donation. When these are gone, he will either contact Dave to see if another donation is forthcoming, or, Colonel may give up on the project to raise funds for the chapter.
3. There was discussion on a more timely start for chapter meetings - 7:00 PM is the time indicated on all the chapter literature - and it was agreed that we will make a better effort to begin meetings on time.
4. Larry presented an update on our STEP project involvement. Larry is still searching for potential projects. When a confirmed activity is found, Joe B will take on the task of locating volunteers. At this time, some work on Buck Creek is an option. If anyone knows of a project worth considering, please contact Larry.
5. Victor, Doug and John are continuing work on updating our website. So far a potential chapter calendar is ready. Victor hopes to have a nearly finished project by the end of this month.

II. New Business

1. Who is able to vote during board meetings? This was discussed and voted that all officers and directors are eligible to ballot.
2. Jeff Stoeger was selected to fill the vacant vice president position. This action was necessitated when John became ill and unable to continue as president requiring Doug to step up to the president's position.
3. Joli with Kathryn's support presented a brief review of our picnic history/evolution. Most of us were not aware of the fees paid at various locations. While we are still researching available/potential spots, for the immediate future the picnic will be at Joli's home on 7/27/13. Joli is also planning a pie social for the December chapter meeting.
4. Art discussed the Ducky Derby mentioning the vast number of various permits required. While the event netted \$3300+/-, it requires a lot of effort and time and coordination with the Troutdale Chamber of Commerce. Art is burned out and will present during the next chapter meeting to see if somebody, which really means a group of three or so, can take on this project. Doug will contact other chapter to see if there is interest in another group to head this event.
5. There will be a river clean-up this coming Saturday. So far only ten or so have indicated an interest to help, but more volunteers are needed. Keep in mind that the chapter does these clean-ups in lieu of paying a rental fee for use of the hall.
6. Norm will be the October speaker and share his knowledge of the Tillamook area prior to the fall chapter north coast fish-a-long.

III. Reports

1. Currently our bank balance is roughly \$10,600.
2. Membership stands at 165.
3. The chapter auction is scheduled for 5/1/13.
4. Hard copies of the newsletter are mailed to 43 members.
5. Nona mentioned the newsletter deadline is 9/22. She also encouraged anyone to submit articles for the newsletter. It should be mentioned that Nona is doing an outstanding job with the newsletter and puts out a copy of which we can be proud.
6. In an attempt to upgrade our speakers connecting to the audience, we are researching the possibility of obtaining some type of lapel microphone or some such similar device.

Ended 8:00 P.M.

Association of Northwest Steelheaders

Anglers dedicated to enhancing and protecting fisheries and their habitats for today and the future.

www.nwsteelheaders.org

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Can you recognize the signs of a medical condition?

By Doug Briggs

John's recent health problems reminded me of how important a knowledgeable person is in determining the proper action for a stroke, heart attack or heat related incident. John, typical of most males, denied there was a problem. He said he was just 'fine'.

Leslie, his wife, saw otherwise, his face was slack on one side and when asked to smile, only one side responded. She immediately called 911. John was well within the 8 hours window modern medicine recognizes for reversing stroke damage.

How many among us know the telltale signs of a stroke, heart attack, heat stroke or diabetic shock?

Of those of us who might recognize the symptoms, how many know what to do?

We should all ask ourselves, is our fishing buddy safe fishing with us? Are we safe fishing with him? Is my spouse safe with me? Am I safe with my spouse? These are very important questions, that we should all be able to answer "YES". A few symptoms for these common emergency conditions:

Stroke (FAST)

F ace:	Ask the person to smile	Does one side droop?
A rms:	Ask them to raise both arms	Does one arm drift downward?
S peech:	Ask them to repeat a simple phrase	Is their speech slurred or strange?
T ime	Observe any of these symptoms	

Call 911 immediately

Heart Attack

Discomfort in the center of the chest that lasts for a few minutes or comes & goes.

Pressure or fullness, nausea

Shortness of breath

Upper body discomfort

Call 911 immediately

Continued on Page 5



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Did you know?

A 2010 audit of Portland Fire & Rescue found that in 75% of emergencies the arrival time was 5 minutes - 20 seconds

From: portlandonline.com/auditor

Can you recognize the signs of a medical condition?

(Continued from Page 4)

Heat Stroke

High body temperature

Absence of sweating, hot red or flushed dry skin

Rapid pulse

Difficulty breathing

Strange behavior

Hallucinations

Move to shade & cool with water

Call 911 immediately

Diabetic Shock & Insulin Reactions

Rapid Pulse

Cold & Clammy hands

Dizziness

Confusion or befuddled

Call 911 immediately

Do not administer insulin unless directed by a medical professional

Give the person orange juice or candy

When a serious, potential life threatening medical issue happens to someone in “your circle”, as with John’s stroke, this should be a reminder, a prompt for you to stop for a few minutes and reassess your health and if you are as fortunate as John was when his wife who knew that something just wasn’t right and took action. As I am sure you know - ***time is of the essence*** in a medical emergency.

If you have a medical condition - make sure your fishing buddy or whoever you are with is aware. If you wear a medical bracelet - tell them. Don’t be shy in asking the person you are with if there is a medical condition you should know about and let them know if you have any conditions they should be aware of.

When any emergency happens, most of the time with most people it is chaotic and all you want to do it get that person the help they need.

Do you have and “ICE” contact on your cell phone (**In Case of Emergency**)? If you don’t, I encourage you to create one with 2 emergency contacts. This is a excellent way for emergency personnel or your companion to contact someone on your behalf if you can’t.

Classifieds:

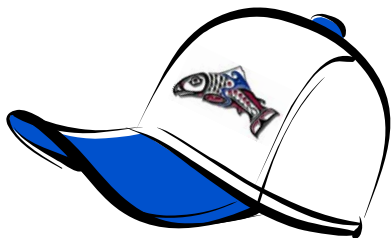
Colonel has spinners available, some already wrapped and I am pretty sure he would wrap some for you (if you are *really* nice). The material was generously donated to the Chapter by "Spinner Dave" of SDC Custom Designs. They are available at a great price and the proceeds benefit the Chapter. Give Col a call at 503-666-5035 for more info and prices.

Columbia Bugaboot Omni Tech boots, NEW in box.
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[www.companycasuals.com/
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and the Sandy River in January
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ers if booked by members or their referrals

Volunteers.....

You are all very important to the success of the Chapter and Association events.

Please make sure to log the events you volunteer for and *turn in your volunteer forms.*

Sandy River Chapter Volunteer Hours Form

Name _____

Event _____

Date _____ Hours _____

Event _____

Date _____ Hours _____

Event _____

Date _____ Hours _____

Event _____

Date _____ Hours _____

Event _____

Date _____ Hours _____

Fill this form out and return it at a general meeting.

Please mark your time as beginning when you left your home
until you return home from the volunteer event.

Upcoming Events

Tillamook Fish-Along**Friday, October 5th - Sunday, October 7th**

Contact: Norm Ritchie

503-807-7729 e-mail: normritchie@q.com

ODFW Family Fishing Event**Saturday, October 6th**

8:30 A.M. - 2:30 P.M.

Mt Hood Pond

Chrome Dreams**25th Annual Hall of Fame****Auction & Banquet****Saturday, November 10th**

Red Lion Hotel

Contact: Mike Myrick for tickets

503-281-6438

Pie Social**Wednesday - December 5th**

At the regular monthly meeting



CHROME DREAMS

The Northwest Steelheaders
25th Annual Hall of Fame Auction and Banquet
 Nov. 10, 2012
 Red Lion Hotel, 1021 NE Grand Ave., Portland, OR

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 Mark Anderson

How to sink your boat

By Larry Palmer

Recently I did some hog line fishing on the Columbia River near the mouth of the Kalama. The fishing was decent, with several boats in the two lines getting fish.

The current was strong - we needed 20-22 ounces of lead to keep the wobblers near the bottom.

I was alone in my boat but had talked off and on through the day with the boat anchored closest to me. Suddenly a couple of buys in the boat stood up and began yelling excitedly.

It wasn't about a fish, a 14-15' boat just upstream from us had just capsized while trying to pull their anchor!

Three boats from our line quickly reeled in and were on their way to the rescue. Two fellows were in the water; luckily for each they were wearing CO-2 inflated PFDs. One fellow was adrift; the other clung desperately to the anchor line near the big orange float.

The boat appeared stationary at first, but was in fact dragging the anchor and moving downstream. The sunken boat's two occupants were soon rescued, but it was then I perceived a new problem, the capsized boat with a little air trapped in the bow was headed right for my boat's anchor line!

I could see a major entanglement looming fast. Unfortunately, there was no longer enough room to run upstream and pull my anchor in the conventional fashion, it was either cast off and hope for the best or just drag it up by hand.

I guess I still had a little bit of adrenalin left in me, because that's just what I did. Once safely out of the way, I started my motor and maneuvered away. The boat passed right through my previous location a couple of minutes later.

I had a look at the boat as it passed by. It was obvious to me that this little boat had secured their anchor line to a rope cleat near the stern when pulling their anchor.

It is a very dangerous practice. If anything provides extra resistance, like a snag, the balance point is all wrong. The transom gets pulled down in an instant and you're sunk.

Always leave the rope fixed in the bow system while pulling your anchor, and always wear your PFD while doing any anchoring or pulling.

Simple as that.

Be careful and stay alive.



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Behind the scene....

By Nona Bowling

This year the annual Steelheaders picnic was cancelled due to the loss of Jolie Ritchie's mother. I have not been a member for a long time, but I do know that since I have been a member, my family has looked forward to the yearly event. It was a great time to spend time with the other members and get to know them outside the monthly meetings.

My first thought was how devastated Jolie and her family must have been, not that the picnic was cancelled.

There was discussion about trying to re-schedule the picnic, but not only the time constraints made it not feasible, there is a great deal of planning that is not an easy task. Which brings me to why I am writing this piece.

There are many events, dinners and socials that the Chapter hosts, and when there are any of these events, I know that Jolie and Kathryn Israelson are the driving force behind the scene. They plan the events which includes menu planning, shopping for the menu, making sure that they have enough food for everyone and then some and making sure every detail right down to the table presentation is perfect. This is not an easy task and very time consuming.

I wanted to thank you ladies for working so hard behind the scene ensuring these events are not only successful - but incredibly YUMMY!

Jolie and Kathryn are once again going above and beyond by suggesting at the board meeting to host a Pie Social at the December meeting.

So when you are finished enjoying your pie, make sure you thank these fabulous ladies for their hard work.



Sandy Chapter Officers

President: Doug Briggs 503-729-2023
doug@leewens.com
Vice President: Jeff Stoeger
Secretary: Colonel Thomas 503-666-5035
Treasurer: Mike Myrick 503-281-6438
Sales: Eric Koellner 503-233-1334

Directors
Auction: Leslie Hinea 360-892-0473
Fish Tanks: Mike Myrick 503-281-6438
Membership: Eric Koellner & Howard Berg
River Cleanups: Russ Sumida 503-665-3953
Stream Projects: Joe Blum 503-704-2483
Newsletter: Nona & Marjorie Bowling
503-253-6606
fishwackers@gmail.com

Special Event Coordinators:
Jeff Stoeger & Jeff Kirkman

A message from the editors:

Deadline for November Newsletter: Saturday - October 27th by 6:00 PM

Marjorie & Nona Bowling—fishwackers@gmail.com

Sandy River Chapter
NW Steelheaders

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