



March 2018

*The Association of NW Steelheaders Anglers dedicated to enhancing and protecting fisheries and their habitats for today and the future*

### Meetings

#### **Chapter Meetings**

##### **March 7th**

Time: 6:00pm Meet and greet, 7:00pm Meeting opens

Location: Sam Cox Building, Glenn Otto Community Park.

Projected Speaker: Dave Eng of Salmon, Trout and Steelhead Magazine and Fishing products including Leaderboards and Aluminum Rod Extensions

<http://www.fishengproducts.com/>

##### **April 4<sup>th</sup>**

Time: 6:00pm Meet and greet, 7:00pm Meeting opens. **Annual Chapter Board Officer Election / Vote**

Location: Sam Cox Building, Glenn Otto Community Park.

Projected Speaker: Steve Williams, Senior program manager and pikeminnow overseer for Pacific States Marine Fisheries Commission.

<http://www.psmfc.org/program/prog-1>

#### **Board Meeting**

##### **March 14th**

Time: 6:00pm

Location: Round Table Pizza

4141 NE 122nd Ave, Portland, OR 97230

### Events / Workshops

#### **March 9 – 11<sup>th</sup> – 3<sup>rd</sup> Annual Family Fish Camp**

<http://nwsteelheaders.org/events/family-fish-camp/>

Location: Camp Angelos

32149 SE Stevens Rd., Corbet, OR

#### **March 24<sup>th</sup> – Sandy River Clean-Up 8:45am**

Location: Glenn Otto Comm Park

#### **March 31<sup>st</sup> – Bank Fish-A-Long**

To register, contact Jim Cathcart at [ornavigator@hotmail.com](mailto:ornavigator@hotmail.com) or (503) 238-4775, ext. 106.

#### **April 21<sup>st</sup> – Planning Steelhead 101**

Time: 10-12:30

Location: Glenn Otto Community Park, Annex

Contact: Jim @ [ornavigator@hotmail.com](mailto:ornavigator@hotmail.com) or 503-238-4755, Ext 106.

#### **May 2<sup>nd</sup> – 2018 Annual Chapter Banquet and Auction**

Time: 6:00pm gathering, 7:00pm Meeting @ Sam Cox Building, Glenn Otto Comm Park

#### **May 12<sup>th</sup> – Salmon Quest 2018**

<https://nwsteelheaders.org/events/salmon-quest/>  
Location: Camp Withycombe

#### **May 19<sup>th</sup> - Steelhead Fishing 101 Workshop**

To register, contact Jim Cathcart at [ornavigator@hotmail.com](mailto:ornavigator@hotmail.com) or (503) 238-4775, ext. 106.

#### **Sept 7<sup>th</sup>-9<sup>th</sup> Tillamook Crab & Fish A-Long**

#### **October 6<sup>th</sup> – Bank Fish-A-Long**

To register, contact Jim Cathcart at [ornavigator@hotmail.com](mailto:ornavigator@hotmail.com) or (503) 238-4775, ext. 106.

## One Last Cast

### Jim Cathcart (aka Navigator)

What if there was an Olympics for steelhead and salmon fishing? What would that look like? Let us start with the range of participating countries where salmon and steelhead abound. Clearly, the United States, Canada and Russia would be participants. But, do not forget the range of Atlantic salmon. That brings in Greenland, Iceland, Ireland, the United Kingdom, The Netherlands, Denmark, Norway, Sweden, and Finland; and would you believe, Portugal, France and Germany. And don't forget Poland, Lithuania, Latvia and Estonia. Should we include Argentina, Chile and New Zealand? At a minimum, these countries have sea run browns. Surely that counts.

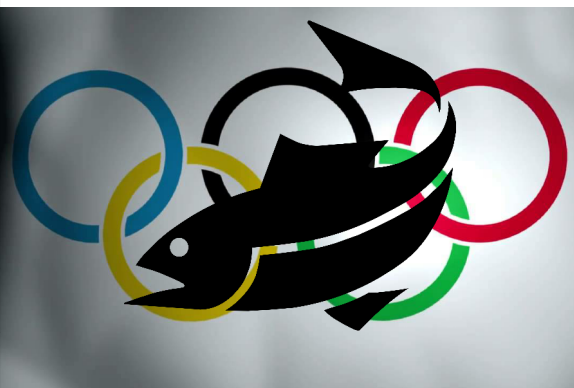


Image by: <http://anglinggazette.co.uk/>

What would be the events? Seems to me the events would revolve around skills competitions. Longest cast with a drift rod. Most accurate casting of a spoon. Longest dead drift of a bobber. Synchronized bank fishing. Most yarnies tied in a minute. Free casting with a spey rod (both long and short programs).

Adding boats brings in several events. Competitive boat launching. Trolling relays. Drift boat racing. Events could start out easy and get progressively harder. Take anchoring in a hog line. The width of the area to drop in could start out 4 to 5 boat widths. Each round the lane to drop in would narrow. Perhaps the distance from anchor to drop in location would lengthen.

And of course, there would be the judges and commentators. Would that be Steelhead Hall of Famers? Bill Monroe? Holders of national and international records? Would we let someone from the Great Lakes region be a judge?

Would the salmon and steelhead Olympics include catching derbies? Perhaps the triathlon would be the fly, level wind and spinning competition. How about short and long tracks for bobber dogging? Several events would have to center on cooking. Top steelhead chef! Smoked fish offs. And those obscure events that make no sense to anyone. Behind the back-knot tying. Bow rope throw. Pulling anchor. And one of my favorites, putting the plug in after the boat is launched.

Would the Norwegians still dominate?  
(Probably.)

Now that I think about it, perhaps there are several reasons why we do not have an Olympics for salmon and steelhead fishing. But if there were, I would hold a warm fuzzy for the Latvia bobber doggers. Wait, didn't bead fishing originate in the Baltics?

## Sandy River Clean-Up



March 24<sup>th</sup>, 2018, Saturday

Meet at Glenn Otto parking lot at 8:45am. The event will focus on the area around the Sam Cox building down to the beach, Sandy River south riverbank to floodplain and north towards the railroad bridge and Interstate 84. Contact – Anthony Pedro 503-719-0579.



## Family Fish Camp 2018

**When:** Friday March 9th – Sunday March 11th

**Where:** Camp Angelos – 32149 SE Stevens Rd., Corbett, OR

**What:** Learn fishing skills with the whole family in a summer-camp setting.

Family Fish Camp is located at Camp Angelos along the Sandy River in Corbett, OR. Spend a weekend living a summer camp experience – sleep in cabin bunks, dine in the lodge cafeteria, and stargaze in the secluded forest along the rushing river.

**Your ticket to Family Fish camp includes:**

- 5 meals
- 2 nights lodging
- Access to all sessions and activities

Those wishing to participate can click a button at <http://nwsteelheaders.org/events/family-fish-camp/> where it states “Notify me when the application is available,” and fill out your basic information and submit your request. That way, when the application is available, the Association will already have a list of interested people and contact them.

### Application and Cost

Cost per adult: \$139

Cost per child: \$99

**Limited scholarships** (full and half) are available to applicable participants. Contact Allison Dobscha, Education and Outreach Coordinator, with any questions at [http://orhabitat@nwf.org](mailto:http://orhabitat@nwf.org).

Watch our Fish Camp introduction video at: <https://www.youtube.com/watch?v=3QRNyOxNObM>

### Take a Soldier Fishing



On Saturday, May 19, 2018, the eighth "Take a Soldier Fishing" event at Henry Hagg Lake is being held within Scoggins Park, near Forest Grove Oregon. Check-in is at area C between 7:00 and 8:00 AM. Fishing ends at 4:00 PM.

Veterans and active duty military from any branch of the armed services and their immediate family members may register and participate in this event. Register as a participant or volunteer by going to [www.takeasoldierfishing.org](http://www.takeasoldierfishing.org). Participants click on the "soldier" tab and volunteers with or without boats click on the "volunteer tab".

Volunteers with boats need to provide all fishing and safety equipment for the number of persons that they can safely take in their boat. Participants will bring life jackets for all non-adult children.

I'm hoping to have up to 80 veterans/active duty representatives participating this year. Morning refreshments and lunch will be provided to all volunteers and participants. Door prize drawing for all veterans and active duty military will be held during the lunch hour.

By – Jack Morby



### SALMON QUEST 2018

When: Saturday, May 12, 2018

Where: Camp Withycombe  
15300 Minuteman Way  
Clackamas, OR 97015

Salmon Quest is a renowned event that gives sport fisherfolk an opportunity to give back to the resource -- while having a really great time. Proceeds from the tournament are used to improve sport fisheries through on-the-ground restoration projects in the Willamette and Sandy River basins. Past Quest funds were spent to greatly expand volunteer participation in stream nutrient enrichment -- returning excess hatchery salmon carcasses to their local rivers to provide food and nutrients for young salmonids and wildlife. This day-long friendly competition culminates with a banquet and award ceremony, and registration includes a day of fishing with a guide, commemorative gift, and a delicious dinner.

Register: <https://nwsteelheaders.org/events/salmon-quest/>



## Smolt Have Arrived at The Acclimation Pond!

The acclimation pond in Sandy, Oregon is up and running! Volunteers are needed to help feed the smolt once a day for the next three weeks. This is a great chance to take your family up, feed the fish and record their progress.

The acclimation pond is located at the Bull Run Watershed on the Bull Run River just above where it flows into the Sandy River. It's a giant size swimming pool approx. 60 feet long by 10 feet wide and approx. 4-5 feet deep, allowing our little Chinook to swim around and get used to the smell of the Bull Run River water before being released.

Once released, they make their way down to the Sandy River, out to the Columbia River and

head toward the ocean to live for the next 3-5 years.

This acclimation period helps the smolt remember the river water they're released from. Hoping for a strong return of fish in 3-5 years when they come back as mature clipped Spring Chinook Salmon.

Jeff Fulop from ODFW said, "a normal return ratio for Chinook salmon smolt are between 1-1.5% from those released. Migration survival depends greatly on predation, enough food supply in rivers while small and in the ocean while growing as well as the harvest rate in the ocean and rivers while trying to return to spawn."

If you would like to volunteer for a day (or two) of feeding, call Terri Boughton at 503-307-2546 to schedule in your preferred day

## PAN FRIED SALMON WITH CREAMY SUN-DRIED TOMATO SAUCE



1 1/2 pounds (700g) salmon fillets, with or without skin  
3 large garlic cloves, minced  
1/2 yellow onion, minced  
1 small jar (3-4 oz) sun-dried tomatoes in oil, drained and sliced (reserve 2 tablespoons oil for the recipe)  
1/4 teaspoon paprika  
1 cup (250ml) half and half (or mix half milk – half cream for a lighter cream)  
1 tablespoon dried basil (or Italian seasoning)  
1/4 teaspoon crushed red pepper flakes  
1/2 cup (125ml) vegetable stock (1 crumbled bouillon cube with 1/2 cup water).

### DIRECTIONS

1. Lightly season salmon fillets with salt and pepper. In a large non stick pan on medium heat, sear salmon fillets in 2 tablespoons oil, 2 – 3 minutes on each side. Remove salmon from the pan and set aside.
2. In the same skillet add 2 tablespoons oil reserved from the sun-dried tomatoes jar, saute onion, garlic, sun-dried tomatoes, paprika, red chili pepper flakes and dried basil for 1 minute until garlic fragrant.
3. Add vegetable stock to deglaze the skillet and bring to a gentle simmer. Add half and half to the skillet and stir until a creamy sauce forms. Adjust seasoning with salt and pepper.
4. Add salmon back to the skillet and reheat for a few minutes. Sprinkle with fresh basil and serve over pasta, rice or bulgur. Enjoy!

recipes by: <http://www.eatwell101.com/pan-seared-salmon-recipe>



**Free Oregon Fishing Days for 2018:** The 2018 days are scheduled for Feb. 17-18 (Presidents' Day Weekend), June 2-3, Sept. 1-2 (Sat.-Sun. of Labor Day Weekend) and Nov. 23-24 (the two days after Thanksgiving). While ODFW had originally planned to offer free fishing Dec. 31, 2017-Jan. 1, 2018, the Department has cancelled those dates to stay within the eight-day limit in 2018 and to offer free fishing during months when fishing conditions are better.

Source: [http://www.dfw.state.or.us/news/2017/12\\_dec/120117c.asp](http://www.dfw.state.or.us/news/2017/12_dec/120117c.asp)

## Volunteer Hours

Please report your Volunteer hours to Greg Reed at [g\\_a\\_reed@comcast.net](mailto:g_a_reed@comcast.net), for now. The position responsible for tracking volunteer hours is currently vacant. We have contacted the Association in regards to this and the processes needed to ensure they are reported and recorded. If you can help out in this position, please contact Steve Rothenbucher or Greg Reed.





**Twentieth Annual Sandy  
River Chapter Potluck  
Dinner and Auction**  
**Wednesday May 2nd, 5:30 pm**  
**Regular Meeting Place: Sam Cox  
Building at Glenn Otto Park, Troutdale**

The May meeting is on the first Wednesday evening as usual but will feature the annual chapter auction and a delicious potluck dinner. If you'd like to pull up a chair and enjoy the great food, send in your reservation using the form below--but you don't need to participate in the dinner to attend the auction!

Socialize and help raise funds for the chapter's projects during the coming year. Bring your family and your checkbook! The doors open at 5:30, and the silent auction runs from 5:30 to about 7:30. Potluck Dinner will be 6:00-6:45, and the live auction will begin at 7:15. The evening usually wraps up by 8:45. Please join us and be sure to stay until the end to see if you won any silent bid!

Since the chapter is part of a 501(C)3 tax exempt organization, items you donate to the auction are tax deductible; we will provide a receipt.

The chapter has a lot of talented cooks providing salads & main dishes for the potluck dinner and of course the chapter will provide coffee, water, and soft drinks. There will be no charge for dinner, however there will be a bucket to encourage donations as this event is a fundraiser.

We need all Potluck Dinner participants to fill in and submit the following form in order to let us know how many beverages will be needed. - Or call Terri Boughton at 503-307-2546 or email at [terriboughton@comcast.net](mailto:terriboughton@comcast.net). Please provide the form or contact Terri so we have the information no later than April, 24, 2018. If you include a donation check, we will provide a receipt for your donation. Come dressed the way you normally come to our chapter meetings and bring your \$\$\$!

Our hall will only seat 80 for a meal, so place your dinner reservation now to ensure you will have the correct seats desired and to allow for an accurate head count.

**Sandy River Chapter, Association of Northwest Steelheaders  
5/2/2018 Potluck Dinner Order Form**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Preregistration must be received by April, 24, 2018 to insure adequate number of tables and chairs.

Number of Member dinners: \_\_\_\_\_ Number of Guest dinners: \_\_\_\_\_

Donations will be accepted. Make checks payable to the Sandy Chapter, ANWS – please indicate in the comments section this is for the 2018 Sandy Chapter Auction Dinner.

Send to: Terri Boughton  
2010 NE 203<sup>rd</sup> Ave.  
Fairview, Or 97024

Call or Email: 503-307-2546  
[terriboughton@comcast.net](mailto:terriboughton@comcast.net)

<p align="center"><b>Sandy River Chapter Potluck Dinner and Auction</b>  <b>Wednesday, May 2nd, 2018 at Glen Otto Park, Troutdale</b></p>
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**What type pot luck dish will you bring?**

**Questions? Call Terri Boughton at 503-307-2546**

[illegible]



## ***Sandy Chapter Board Members***

### **OFFICERS**

<b>Position</b>	<b>Name</b>	<b>Phone</b>
President	Steve Rothenbucher	503-257-0039
Vice President	Vacant	
Secretary	Vacant	
Treasurer	Greg Reed	503-869-1795

### **DIRECTORS**

<b>Position</b>	<b>Name</b>	<b>Phone</b>
Fish Tanks	Mike Myrick	503-281-6438
Newsletter	Patti Snyder	503-504-7956
River Cleanups	Anthony Pedro	503-729-0579
Sales	Rob Bitney	503-320-9821
Angeling Education	Jim Cathcart	503-238-4775x106

### **COMMITTEE HEADS**

<b>Position</b>	<b>Name</b>	<b>Phone</b>
Special Events	Jeff Stoeger	503-704-7920
Website, Content	John Hydorn	503-255-0600
Website, Design	Kerin Laurence	503-643-3168
Website, Development	Victor Laurence	503-998-3365



Doug Hays  
Cell: 503.708.8353  
email: oregontackle@comcast.net



Jeff Stoeger  
503.704.7920  
Salmon - Steelhead  
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email: trevor@redsguideservice.com



Jack Glass 503.260.2315  
Brandon Glass 503.260.8585  
[www.hookupguideservice.com](http://www.hookupguideservice.com)



Check out the Sandy River NW  
Steelheaders  
Apparel!!!

Contact: Rob Bitney  
503-692-0180

<http://stancellgraphics.com/sandyriverchapter>



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Spinner Dave's Custom Designs is now Top Line Spinners. For over a decade, Spinner Dave's has been able to offer the highest quality and highly innovative products thanks to our GREAT customers.

Our shift to our new name, Top Line Spinners is also a shift in how we connect with our customers. Our new online storefront will enable us to give our customers an updated format for shopping our products and let us integrate social media applications and video into the shopping process.

Please take a look at our new store and be sure to check out all the new products along with all the products you have come to rely on from Spinner Dave's.

Thank you!

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