



February 2018

The Association of NW Steelheaders Anglers dedicated to enhancing and protecting fisheries and their habitats for today and the future

Meetings	Events / Workshops
<p><u>Chapter Meetings</u></p> <p>February 7th Time: 6:00pm Meet and greet, 7:00pm Meeting opens Location: Sam Cox Building, Glenn Otto Community Park. Projected Speaker: Representatives from the Oregon State Police</p> <p>March 7th Time: 6:00pm Meet and greet, 7:00pm Meeting opens Location: Sam Cox Building, Glenn Otto Community Park. Projected Speaker: Dave Eng of Salmon, Trout and Steelhead Magazine and FishEng products including Leaderboards and Aluminum Rod Extensions http://www.fishengproducts.com/</p> <p><u>Board Meeting</u></p> <p>Feb 15th Time: 6:00pm Location: Round Table Pizza 4141 NE 122nd Ave, Portland, OR 97230</p>	<p>Feb 24th – Bank Fish-A-Long To register, contact Jim Cathcart at ornavigator@hotmail.com or (503) 238-4775, ext. 106.</p> <p>March 9 – 11th - Family Fish Camp http://nwsteelheaders.org/events/family-fish-camp/ Location: Camp Angelos 32149 SE Stevens Rd., Corbet, OR</p> <p>March 31st – Bank Fish-A-Long To register, contact Jim Cathcart at ornavigator@hotmail.com or (503) 238-4775, ext. 106.</p> <p>May 2nd – 2018 Annual Chapter Banquet and Auction Time: 6:00pm Meet and greet, 7:00pm Meeting opens Location: Sam Cox Building, Glenn Otto Community Park</p> <p>May 12th – Salmon Quest 2018 https://nwsteelheaders.org/events/salmon-quest/ Location: Camp Withycombe</p> <p>May 19th - Steelhead Fishing 101 Workshop To register, contact Jim Cathcart at ornavigator@hotmail.com or (503) 238-4775, ext. 106.</p> <p>October 6th – Bank Fish-A-Long To register, contact Jim Cathcart at ornavigator@hotmail.com or (503) 238-4775, ext. 106.</p>

One Last Cast
Jim Cathcart (aka Navigator)

I have been reflecting on the 2017-18 winter steelhead season - which started in November - and will end in March if not April. (Or, are April fish spring steelhead?) Back to winter steelhead. Winter steelhead are not actually defined by their life history and run timing, but by the fact that when people go fishing for them, those people are crazy. Water temperatures can be in the 30's, air temperatures in the 20's (which simply isn't fair), winds can be exceed 20 miles per hour (well, at least on the lower Sandy River). For those of you with weather apps on your phone, people go fish for winter steelhead when the app says, "Feels Like %#\$#!"



Spring Steelheading in January

For those of you without weather apps or without phones, well you already know it is going to feel like %#\$#!

So, why do we go? The obvious answer is that the spring Chinook have yet to show up. But, it goes deeper than that. The true steelhead junkie believes they can go out and

catch a winter steelhead. Well, deep down inside they may admit to themselves it is impossible, but they hide that detail and convince family, friends, fishing buddies, co-workers (if they still have a job) and social media that they can go out and catch a winter steelhead. They exude confidence. The peak of the season is January and February - not because there are more fish in the river - but because college football is FINALLY over and March Madness is still a few weeks away (as are the spring Chinook).

Guides are best at this deception and go to extremes with the illusion. I actually ran into a guide that went so far as to have a fresh winter steelhead in their boat. "We hooked 5 and landed 3 including this one." My response was, "I didn't hook 8 and none jumped onto the bank and bonked themselves." I mean, hooked 5 - who do you think they are fooling besides the happy clients that went home with fresh steelhead for the grill.

The trick to catching winter steelhead is too monitor river and weather conditions and go out when it is comfortable to be out. This is not blasphemy, but a new form of deception. For the Sandy River, wait for forecasted winds from the south or southWEST - no more than 4 to 6 miles per hour. (Usually, this comes with a nice friendly rain.) Ideally, the river had just come up above 13.5 feet (Bull Run gauge) and is on the drop - 11.5 feet and dropping. The water is steelhead green to emerald blue green. Air temperature in the mid-40's, low 50's. It is a Sunday when most diehards have given up and are now trying to keep their jobs, save their partnerships or look for the dog. If these conditions present themselves, get out and go "spring" steelheading. You might catch a winter.

Knowing the Basics - by Larry Palmer

Some time ago I took a friend, fishing in my drift boat. He hadn't been involved with the sport very long, but were serious about it - in a certain way. That is if it involved spending money on gear. Really understanding the basics of what the method required, not so much. A \$600 rod is not going to make up for fishing in an empty fish hole, or the best line make up for or poor knot. So, let me offer some simple thoughts on the subject.

Drift fishing- You have to be able to cast repeatedly and accurately without your reel back lashing. Looking for the current seam, and getting good contact on the bottom by adjusting your slinky or lead to get a consistent tap on the bottom. Check your hook every 5 casts to make sure it's sharp. The bite is often subtle. Set the hook and ask questions later.

Knots- Inevitably you'll snag up, lose line, decide to change methods or need to retie something. You simply have to be able to tie the required knots **reliably** and quickly. One fellow showed up with 3 rods and told me it was "because it saves time re-rigging". Well actually it was because he didn't know how to, or quickly tie the knots. Being out of the water for 20 minutes because you can't get a simple rig tied up is crazy! **Knots are an essential skill.** Practice at home until you can do them well.

Current - Every method has a range of current that suits it best, with overlapping between techniques. Maybe a bit more current for drift fishing, on the slower side

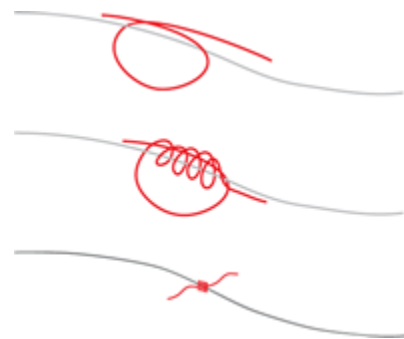
for a bobber method. Still, the walking pace to quick walking pace. Look for it and remember where it is! Every time I am out I see people casting all over the place, most of them are in places that are very unlikely to catch a fish. Eighty percent of the fish will be in that twenty percent of steady walking paced current. Concentrate your time there.

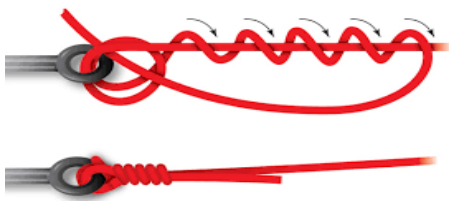
Be ready- You don't need millions of set ups, but get yourself a couple of "Pips" or foam leader holders and tie up some hooks while you are at home. I do it while I watch TV. With some prettied rigs and a little box of drift bobbers, some yarn - you can make up plenty of combinations in just a moment...if you can tie a knot. So yeah, practice those knots!

Since I have made a point about those knots, I'll include some diagrams here -

Dacron stop knot for bobber fishing

Trilene knot for lures and swivels

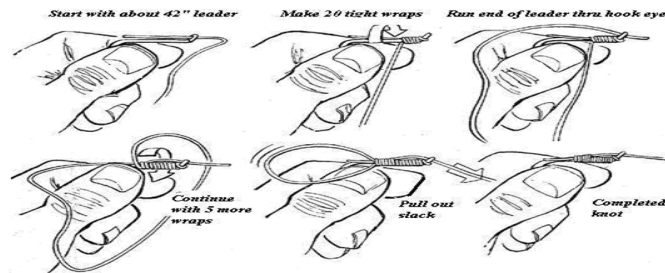




Egg loop knot

For drift fishing leader

Practice at home, be ready, be observant!



CRAB CAKES

1 lb. lump crab meat
 1 Cup milk
 1 ½ Cups Panko bread crumbs
 Salt & Pepper
 2 Finely chopped Celery stocks
 ½ Cup finely chopped onion
 1 minced garlic clove
 1 Tbsp. unsalted butter
 4 oz. Shrimp, meat only, finely chopped
 ¼ Cup Heavy Cream
 2 tsp. Dijon mustard
 1 tsp. hot pepper sauce (optional)
 1 tsp. Lemon juice
 ½ tsp. Old Bay seasoning
 4 Tbsp. vegetable oil

1. Completely submerge Crab meat with Milk in a bowl, cover bowl, and refrigerate for at least 20 minutes.
2. Toast Panko at medium heat in a frying pan, dry, until golden brown. About 5 minutes then transfer to a bowl stirring in ¼ tsp. salt and pepper to taste.
3. Melt butter in clean frying pan over medium heat. Add chopped Celery, Onions & Garlic, ½ tsp. salt, 1/8 tsp. pepper & cook until vegetables soften (4 -6 minutes). Then place in glass bowl to cool.
4. Strain & press Crab meat removing fluid without crumbling meat further.
5. In a separate bowl, mix Shrimp & Heavy Cream well. Add & mix well Mustard, Hot pepper sauce, Lemon juice, & Old Bay seasoning. Add cooled Crab Meat & mix/fold gently. Divide into 8 balls & press into ½ inch thick patties. Place on Parchment paper in a rimmed baking sheet, cover with plastic wrap and refrigerate for 30 minutes.
6. Coat each in Panko. Heat 1 Tbsp. oil over medium heat until surface shimmers. Add 4 patties and cook without moving until golden brown (3-4 minutes). Turn carefully using 2 spatulas & add 1 tsp. oil. Until Done.

Troutdale Historical Society Celebrated Their 50Th Anniversary

By Art Israelson

Sunday, January 24 Was A Day of Celebration for The Troutdale Historical Society! The Guest Speaker Was Sharon Nesbit Who Shared A Very Entertaining and Informative History of The City of Troutdale. This Special Event Allowed me to Present the Story of Our Wooden Fish Project Seen on The Walls in The Sam Cox Building. It Was A Successful Introduction and We Are Pleased to Say Ten Fish Were Sold. Hopefully More Orders Will Arrive in The Mail!

For Those Who Are New Members and Friends, The Engraved Wooden Fish Are A Fundraiser for The Sam Cox Building. The Fish Are Sold For \$20 Each, The Sandy River Chapter of Nwsh Retains \$5 (Out of Which the Engraving Is Paid) And the City of Troutdale Retains \$15 For The Building Fund. If You Have Not Purchased A Fish for Your Family, Special Friend or To Honor A Special Event, Ordering Information Is Posted on The Back Wall of The Large Meeting Room.

The Sandy River Chapter of Nwsh Is Proud to Be One of The Major Participants In The Remodel Of The New Kitchen. Thank You to All Who Have Been A Part of This Project.



Family Fish Camp is a fun weekend where families learn fishing skills together while staying overnight at cozy Camp Angelos on the Sandy River. Kids and adults can fish the pond, play games, plan their next fishing adventure, and participate in session activities on: Fish identification, Casting and reeling, Angler ethics and regulations, Gear and equipment, Water quality testing, and Fish printing art project.

Family Fish Camp is for all families who want to learn more about how to jump-start their fishing experiences in the Pacific Northwest. Passionate anglers with years of experience will teach you the essential skills, and your family will have the opportunity to recreate together outdoors alongside new friends.

Family Fish Camp 2018 – Overview



When: Friday March 9th – Sunday March 11th

Where: Camp Angelos – 32149 SE Stevens Rd., Corbett, OR

What: Learn fishing skills with the whole family in a summer-camp setting

Family Fish Camp is located at Camp Angelos along the Sandy River in Corbett, OR. Spend a weekend living a summer camp experience – sleep in cabin bunks, dine in the lodge cafeteria, and stargaze in the secluded forest along the rushing river.

Your ticket to Family Fish camp includes:

- 5 meals
- 2 nights lodging
- Access to all sessions and activities

Those wishing to participate can click a button at <http://nwsteelheaders.org/events/family-fish-camp/> where it states “Notify me when the application is available,” and fill out your basic information and submit your request. That way, when the application is available, the Association will already have a list of interested people and contact them.

Application and Cost

Cost per adult: \$139

Cost per child: \$99

Limited scholarships (full and half) are available to applicable participants.

Contact Allison Dobscha, Education and Outreach Coordinator, with any questions at <http://orhabitat@nwf.org>.

Watch our Fish Camp introduction video at:

<https://www.youtube.com/watch?v=3QRNyOxNObM>

FAQ

What is the age range for youth? The majority of youth participants in previous years ranged from ages 7-12. However, this event is open to all ages!

Do I need to bring fishing gear? Nope! We will provide all necessary fishing equipment for the weekend. This event is geared toward families with little to no experience, so we do not expect you to bring any of your own gear.

When does the camp begin and end? In previous years, check in began at 5 pm and dinner started at 6:30. Family Fish Camp 2018 will most likely follow a similar schedule. Sunday morning activities will consist of breakfast, the option to continue fishing, and future adventure planning. Camp will wrap up by late morning, so plan on being out by noon.



Free Oregon Fishing Days for 2018: The 2018 days are scheduled for Feb. 17-18 (Presidents' Day Weekend), June 2-3, Sept. 1-2 (Sat.-Sun. of Labor Day Weekend) and Nov. 23-24 (the two days after Thanksgiving).

While ODFW had originally planned to offer free fishing Dec. 31, 2017-Jan. 1, 2018, the Department has cancelled those dates to stay within the eight-day limit in 2018 and to offer free fishing during months when fishing conditions are better.

Source: http://www.dfw.state.or.us/news/2017/12_dec/120117c.asp

Volunteer Hours

Please report your Volunteer hours to Greg Reed at g_a_reed@comcast.net , for now. The position responsible for tracking volunteer hours is currently vacant. We have contacted the Association in regards to this and the processes needed to ensure they are reported and recorded. If you can help out in this position, please contact Steve Rothenbucher or Greg Reed.

Sandy Chapter Board Members

OFFICERS

Position	Name	Phone
President	Steve Rothenbucher	503-257-0039
Vice President	Vacant	
Secretary	Vacant	
Treasurer	Greg Reed	503-869-1795

DIRECTORS

Position	Name	Phone
Fish Tanks	Mike Myrick	503-281-6438
Newsletter	Patti Snyder	503-504-7956
River Cleanups	Anthony Pedro	503-729-0579
Sales	Rob Bitney	503-320-9821
Angeling Education	Jim Cathcart	503-238-4775x106

COMMITTEE HEADS

Position	Name	Phone
Special Events	Jeff Stoeger	503-704-7920
Website, Content	John Hydorn	503-255-0600
Website, Design	Kerin Laurence	503-643-3168
Website, Development	Victor Laurence	503-998-3365



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Check out the Sandy River NW
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Contact: Rob Bitney
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Spinner Dave's Custom Designs is now Top Line Spinners. For over a decade, Spinner Dave's has been able to offer the highest quality and highly innovative products thanks to our GREAT customers.

Our shift to our new name, Top Line Spinners is also a shift in how we connect with our customers. Our new online storefront will enable us to give our customers an updated format for shopping our products and let us integrate social media applications and video into the shopping process.

Please take a look at our new store and be sure to check out all the new products along with all the products you have come to rely on from Spinner Dave's.

Thank you!

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