



February  
2017

### Our Mission Statement

The Association of NW Steelheaders Anglers dedicated to enhancing and protecting fisheries and their habitats for today and the future.

### **Meetings**

#### **Feb 1**

Sandy River Chapter of the NW Steelheaders

Time: 6:30 to 9:00 p.m.

Where: Sam Cox Building at Glenn Otto Community Park, 1102 E. Columbia River Highway, Troutdale, OR

Guest Speaker: Brandon Wedam (B&R tackle)

#### **Feb 8**

Sandy River Chapter of the Northwest Steelheaders board meeting

Time: 6:00 to 8:30 p.m.

Where: Izzys Pizza - 1307 NE 102nd Avenue, Portland OR

### **Events / Workshops**

#### **Feb 8 - 12**

Pacific Northwest Sportsman's Show

#### **Feb 25**

Steelhead Clinic Fishing 101 (Volunteers 7:30 AM-4:00 PM, Registered public 9 AM-4 PM )

#### **March 4**

Fish-A-Long (follow-up to Steelhead Clinic)

8am - noon

#### **March 4**

Hook, Line and Sinker- Winter Steelhead Tournament

### ***Fisherman's Marine and Outdoor Adults Winter Steelhead Derby:***

Through March 31st

Anyone Can Enter (Except Guides)

Only Bright Hatchery Fin Clipped Steelhead May Be Entered

Fish Must be Gutted (Gills Optional)

1st Place Prizes Awarded For:

- \* Biggest Fish of the Week (By Weight)

- \* Biggest Fish of the Month (By Weight)

1st, 2nd and 3rd Place Prizes Awarded for:

- \*Biggest Fish of the Derby (By weight)

Entries from all 3 stores will be combined for Biggest Fish Prizes

Prizes Courtesy of Maxima Fishing Line and

Fisherman's Marine and Outdoor

<http://www.fishermans-marine.com/steelhead-derby>

### ***Fisherman's Marine and Outdoor Kids Winter Steelhead Derby:***

Through March 31st

Kids 15 Years Old Or Younger May Enter (One Entry Per Day)

Only Bright Hatchery Fin Clipped Steelhead May Be Entered

Fish Must Be Gutted (Gills Optional)

Bring In Your Fish To Receive A \$10

Fisherman's Marine and Outdoor Gift Card And A Spool Of Maxima Line

Prizes Courtesy of Maxima Fishing Line and Fisherman's Marine and Outdoor

<http://www.fishermans-marine.com/kids-steelhead-derby>

# ***One Last Cast Jim Cathcart (aka Navigator)***

Tomorrow, January 19th, marks 3 years to the day since I caught my last winter steelhead. If I was a member of Steelhead Anonymous this would be a statement of self-control. While it is called fishing for a reason, fisher folk should not be content with anonymity due to a lack of success. Catching is the goal and it is good to have goals.

I have been envious of the many postings of chrome bright, thick as slabs, big winter steelhead that the non-anonymous have been posting on social media. Some of these postings are blasts from the past, but one I know hit me hard because it was current and from a day I chose not to go fishing. The fisher folk - a legend to those who know them - went 5 for 9; meaning landing 5 fish out of 9 hooked. (I need to practice explaining to myself things like this.) Three of these were hatchery bullies; the extra fish tipping perhaps the location of the river that had been fished. Another tip was the fisher folk's note that this tremendous success was despite brutally cold winds on a bright, sunny winter's day. Sound familiar? I stayed in the comfort of my own home due to these conditions while someone else braved the elements and had the day of a lifetime. And thanks to social media's penchant for wanting to rub in other's good fortunes year after year after year, I can look forward to this same post for many years to come.

I use to be younger. And, I actually have memories triggered by the mind, not my phone. One is a

motivational speech at a conference from early in my career. The speaker was a prison graduate who found their niche in explaining how easy it was to break the law, get caught and be sent to prison. It was kind of cool, because the lessons learned were being sold as tips for success for a career in natural resources. No, the message was not — “to not get caught” — but rather, the message was not to “get use to .....”. Crime starts with stealing a soda pop. You get use to it. Then it might escalate to breaking into a house, stealing from a car. You get use to it. And so on, until it is inevitable that you get caught. The point of the speech was to not get use to bad behaviors because you get away with them. Unless of course, the bad behavior is fishing. With fishing, you want to get caught. So, get use to going fishing and avoid becoming a member of Steelhead Anonymous.



***A Blast from Jim's Past***

## ***“Orange-Bourbon Marinade Salmon”***

1 - 2 1/2 lb of fresh salmon  
1/2 cup bourbon  
1/2 cup fresh orange juice  
1/2 cup soy sauce  
1/2 cup packed brown sugar  
1/2 cup chopped green onions  
6 t. chopped fresh chives  
4 t. lemon juice  
4 garlic cloves-chopped

Chunk fish into serving size (6-8 oz)  
Place marinate and fish in plastic bag  
Marinate 1 to 1 1/2 hours, turning bag often.  
Use left-over marinate to baste salmon when grilling.  
Serves: 4

Brought to you by  
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Phil & Pam Reed

**Want to learn how to catch a FISH like this?**

**Join us for our next "HOW TO" Steelhead clinic!**

**9am - 4pm Saturday February 25th &  
8am - Noon Saturday March 4th (Fish-a-long)  
Glenn Otto Park (Sam Cox Bldg.,)  
1102 East Columbia River Highway, Troutdale**



**Subjects Covered Include:**

- \* **Choosing the right rod and reel**
  - \* **Drift Fishing**
  - \* **Bobbers, jigs, pink worms, beads**
  - \* **Using spinners and spoons**
  - \* **Knot tying and hook sharpening**
  - \* **Rigging baits and how to cure baits**
  - \* **Where to go, river maps**
  - \* **On stream fish along March 4th.**
- Learn hands-on from experienced chapter anglers!**

**Adult Steelhead Fishing Workshop, Saturday February 25th 9am - 4pm  
Cost \$52.00**

Register for this clinic online at the ODFW website: **\*\*Pre-registration is required\*\***

**CALL 503-947-6025**

Directions: From I-84 take Exit 18 and from Crown Point Hwy take a right on Historic Columbia River Highway and cross the bridge just past Lewis and Clark Park. Glenn Otto Park and the Sam Cox Building will be on your left

**V O L N T E E R**  
*all that's missing is U!*

We still need some general volunteers to help out with our Feb. 25th Steelhead Workshop and March 4th Fish Along.

As a volunteer you'll get free expert instruction, a really cool class manual, and a chance to go on a hosted drift boat fishing trip for Steelhead ! Please contact Larry Palmer at [palmerlarryd@yahoo.com](mailto:palmerlarryd@yahoo.com) to save your spot today !!



## ***What's my line ?***

***by Larry Palmer***

Modern fishing lines are a real marvel. Relatively small in diameter, reliable and overall, not that expensive in comparison with the service life you get out of them. The other day I was reminded of a simple fact though- there are differences that really effect their performance in use.

I wanted to make a short fishing trip before work and found that the old mono filament line on my spinning reel needed changing. It was too late to go to the tackle shop so I rooted around in my line supplies downstairs and talked myself into thinking that the one I had would be good enough. Wrong! In the cold weather it was too stiff, cast poorly, retained too much loop memory and caused me trouble. After a short while I returned home and put it back on the bulk spool. It will be fine on a level wind reel. It was a good brand of line, I just used it for the wrong application. Here's some tips for you about lines so you can avoid my mistake.

Why use one sort of line on a spinning reel and another on a level wind ? It has to do with the way the line comes off of the reels spool. With a spinning reel the spool sits 90 degrees to the rod. Line has to make a pretty big loop to get over the edge of the spool and down through the line guides. That's why spinning rods have such larger openings on the first few guides. A softer line makes the big turn to get into the guides easier,

On a level wind reel, the line simply comes straight off of the spool headed in the direction of the rod guides already. A much smaller transition is needed to get into the line guides. A stiffer line will be fine, and seems to lessen the chance of the dreaded "birds nest" tangle to boot.

- Monofilament- the most common type of line around. Basically it comes in two characters Limp ( which is great for spinning reels ) and Stiff which is great for level wind reels and leaders. Manufactures sometimes call stiff lines Tough or something like that also. The classic case is Trilene brand line. Trilene XL stands for Extra Limp, Trilene XT stands for Extra Tough. On a spinning reel the limp XL is my preference, on a level wind reel the stiffer XT is my preference. One last word of advice- don't but the cheap mono stuff. Get a first rate brand. They are often on sale at the bulk line counter. A couple bucks to fill you reel with the good stuff is worth it.

- Braided lines- a completely different sort of line, woven from multiple strands of Spectra or similar materials. They are relatively limp. These lines feature almost no line stretch, better sensitivity when contacting the bottom or fish bites, and have a floating characteristic that really lend themselves to bobber fishing methods. They have small diameter for breaking strength in comparison to monofilament too. They are more expensive, typically two to three times that of monofilament. Available in drab and bright colors. I like the bright stuff for bobber fishing. It's easy to see and helps me control the line because of that. Your typical steelhead sized spinning reel will hold 200 – 250 yards of 20-30# braid... more than plenty. One small downside- they can tangle around line guides more easily if you are not observant reeling in, and line tangles with them are more difficult to get out. Overall though, a real advantage for float methods over monofilament

***Get yourself the right line and get on out there !***

**Please remember to keep your membership current.** You can join or renew your membership by going to: <http://nwsteelheaders.org/support/membership/> Chapter of Choice (A-M) = Columbia River and Chapter of Choice (N-Z) = Sandy River



### Did you know.....

...That the Sandy River Chapter tracks volunteer hours for our members?

...That the association receives federal money based on the number of volunteer hours we submit on behalf of our members?

...That the Sandy River Chapter consistently donates hundreds and hundreds of hours for our chapter, the association and numerous other events throughout the year?

...That the Sandy River Chapter is successful only through the dedicated efforts of our members and our volunteers?

...That we need your help.

If you participated in any event in 2016 and have not turned in your volunteer hours, now is the time to do it. Here are the different ways you can submit your hours:

\*\*\*\*\*Call me at 971-645-8832

\*\*\*\*Use the volunteer hours form and email them to me at [bbetzer@wayne-dalton.com](mailto:bbetzer@wayne-dalton.com). Please put "Volunteer Hours" in the subject line.

If you need a list of 2016 events to jog your memory, please give me a call at the number listed above and I will send one to you. We need your hours submitted no later than January 31, 2017.

Thank you and,  
I will see you on the river!  
Beverly Betzer

## ***Do you have questions about your rods, reels or tackle?***

Take your fishing equipment and questions to our chapter meetings where experienced Chapter Members will be glad to help you solve your problems. This message brought to you by Sandy Chapter President, Steve Rothenbucher.

*Visit our website at: <http://www.sandysteelheaders.org>*

# Our Board Members

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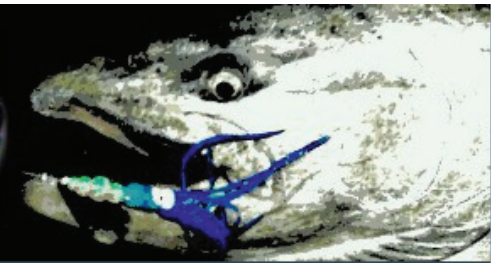
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